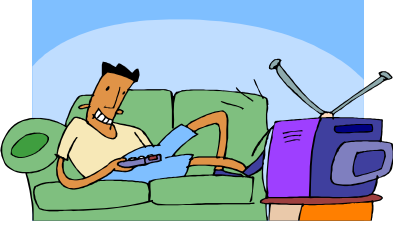


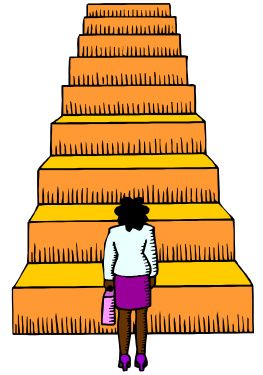
LET'S GO! WAXAY DUGSIGA GEYNEYSAA 5210

Firfircooni Ku dar jadwal maalmeed kaaga



ku dhiiri geli "1 saac" xeer ah dhinaca jimicsiga– kana dhigan in caruurta iyo dadka waweyn iney ugu yaraan hal sac oo jimicsi sameeyaan maalin walba

- Haddaad karto, lugee ama baaskiil uqaaddo meeshaadku socoto intaad gaari wadi lahay
- Jaranjarta qaado mar kasto ay surtagal tahay
- Gariga soo dhigo meesha ugu fog ee gawaarida la dhigto



- ku dhiiri geli cayaarta ka hor ama ka dib xilliga cuntada
- La cayaar carruurta
- Ka wada qayb geli qoyska wixii laqabanayo

- Ku daro wax yar oo firfircoonida jirka malmeed kaaga si kuugu diyar gareyso halka saac ee firfircoonida ah

- Debeda ku la soo cayaar xayawaanka guriga
- U qaado xayawaan kaaga lugayn dheer



Tusaalooyin Arinta Fududeyn Kara:

1. Si tartiiba ah u kordhi heerka firfircoonida
2. La xiriiri firfircoonida jirka waxyaabaha aad qabato maalin walba
3. Isku day inaad daba gasho heerka firfircoonida adigoo adeegsanaya qiyaase
4. Ka dhig firfircoonida wax madadaalo ah!!!!

Wixii warbixin dheeraad ah, booqo www.lets-go.org