



LET'S GO! TERO 5210 I GANG KWAN

## Taam pi gaa acama ma beco

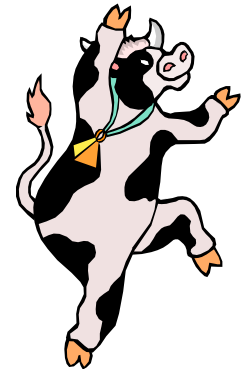
### Gaa me amata

- Pii
- Seltzer
- Cak ma moo ne nok



### Jami me cak dyang ma moo ne nok

- Cak
- Yogat
- Cheese dok tol
- Yogat ma yom
- Yogat ma ojing



### Jami ma tye dok nyik

- Granola bars (gwok ii maar ga ma tye ma lim)
- Keki me muchele
- Pretzels
- Graham or animal crackers
- Cereal gi cak nyo la bong cak



### Pwot dek ki nyik Yat

- Nyik yat ma o ngolo
- Labolo
- Fresh berries
- Nyik yat ma dok pike
- Okwer ma lim
- Nget lemun ma lim
- Raisins
- Celeri ki odii pul
- Pilipili ma cal ne dwong ma gu ngolo ki humas
- Karot ma tino nyo kyukamba acwinya ma tye ki moo ma



### **Kit me timo ne ma yot:**

1. Ka twere tim cinak con nyo wiil ma tye ma baa ki dul ma pat pat
2. Gaa acama me dye koc ma cal nyik yat ma gu jingo ma ngic nyo pwot dek, ma tye idye pike nyo pii, kelo yot kom ma kun wel ne pe tek

Lim [www.letsgo.org](http://www.letsgo.org) Ka i mito ngeo ma pol

