



Every Day!

- 5** Ugu yaraan shan khudaar iyo miro ah jeer cun maalintii
- 2** Ku soo gaabi isticmaalka TVga iyo koombiyuutarka (een la xiriirin dugsi) ilaa laba saacadood ama kayar maalintii.
- 1** Samee hal saac ama ka badan dhaqdhaqaaq waxqabad maalintii.
- 0** Cab wax sonkortu ka yar tahay. Isku daybiyaha iyo caanaha dufanka yar bedelkaaashitada iyo cabbitaanka macaankabandan



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