

STRATEGY 6: Participate in Local, State and National Initiatives that Support Healthy Eating and Active Living

how to implement

Bring fresh ideas and resources to your Let's Go! work when you participate in other initiatives that support healthy behaviors.

- **Bolded items** mean there is a supporting handout in this section!

Get involved with one of these excellent initiatives:

- Farm to Preschool www.farmpreschool.org
- WinterKids Preschool GOAL www.winterkids.org
- Let's Move Active Schools www.letsmoveschools.org
- Fuel Up to Play 60 www.fueluptoplay60.com
- Safe Routes to School www.saferoutestoschools.org
- HealthierUS School Challenge: Smarter Lunchrooms www.fns.usda.gov/hussc/healthierus-school-challenge-smarter-lunchrooms
- Smarter Lunchrooms www.smarterlunchrooms.org

Use national healthy observations:

- **Use Healthy Dates to Celebrate** to enhance your curriculum.

here **there** and
everywhere!

