

## STRATEGY 7: Engage Community Partners to Help Support Healthy Eating and Active Living

# how to implement

Community partners can add expertise and extra hands to your *Let's Go!* efforts. Think about how you might include one of the community partners below in your plan for the year.

- **Bolded** items mean there is a supporting handout in this section!

### Engage community partners:

- Ask SNAP educators to provide nutrition education.
- Ask health professionals such as your local pediatrician or nutritionist to come share their expertise.
- Ask master gardeners to help with your program garden.
- Work with local college students to lead a healthy activity.
- Partner with your local food bank to do a healthy food drive using the **Please Give Nutritiously** handout.
- Take a tour of a local farm to learn how fruits and vegetables are grown.
- Seek funding using the **Sample Language for Requesting Support from Local Businesses**.
- Ask your librarian to read a book (or books) from **Let's Go!'s Suggested Book List for Child Care Programs** (found in the 'Additional Resources' Section of the toolkit).

