

STRATEGY 10: Collaborate with Food and Nutrition Programs to Offer Healthy Food and Beverage Options

how to implement

Working to increase healthy eating? Don't go it alone! Bring your school nutrition program into the mix. Here are some ideas to consider.

Bolded items mean there is a supporting document in this section!

Collaborate with food and nutrition programs:

- Have a member of the School Nutrition Program on your *Let's Go!* team.
- Understand **The Role of School Nutrition Programs in *Let's Go!***
- Work with kids to **Build a Healthy Lunch.**
- Create a **Cafeteria-Sponsored Snack Program.**
- Create a **Cafeteria to Classroom Connection.**
- **Conduct Taste Tests.**
- Support cafeteria staff in implementing *Let's Go!* Smarter Lunchroom practices.
- Complete the **Smarter Lunchroom Scorecard** with your cafeteria manager.
- **Support Healthy School Meals.**
- Support the **Cafeteria as a Learning Lab.**
- Review **10 Things You Always Wanted to Know About Your School Nutrition Program.**

Arm yourself with knowledge:

- **Nutrition Standards for School Lunch.**
- **Nutrition Standards for Snacks Sold in School.**